



Hellenic Association of Orthopaedic Surgery & Traumatology

# 1<sup>st</sup> Athens Pelvic and Acetabular Course & Hands-on Workshop

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**14-17**  
June  
**2018**

HAOST Amphitheatre "Pavlos Konialides"  
Athens, Greece

Department of Anatomy, School of Medicine,  
Faculty of Health Sciences,  
National and Kapodistrian University of Athens

## Scientific Program



# 1<sup>st</sup> Athens Pelvic and Acetabular Course & Hands-on Workshop

## Scientific Program

**DAY 1 / Thursday, June 14, 2018**

13.00-14.00 REGISTRATIONS (HAOST Main Entrance)

### MAIN LECTURE HALL

- 14.00-14.05 **WELCOME**  
**S.A. Papadakis, HAOST President**
- 14.05-14.15 **INTRODUCTION**  
**J.M. Rueger**
- 14.15-14.20 **COURSE OVERVIEW**  
**A.T. Konstas**
- 14.20-15.40 **RADIOLOGY-CLASSIFICATION AND EVALUATION OF PELVIC RING INJURIES**  
Moderators: **S.A. Papadakis, J.M. Rueger**
- 14.20 Anatomy and radiology of the pelvis  
**S.A. Papadakis**
- 14.40 Classification of pelvic fractures  
**A. Papisotiriou**
- 15.00 Acute evaluation, prioritization and emergency treatment of pelvic fractures  
**A.T. Konstas**
- 15.20-15.40 **DISCUSSION**
- 15.40-17.00 **EVALUATION AND SURGICAL TREATMENT OF PELVIC RING INJURIES**  
Moderators: **M. Hartel, A.T. Konstas**
- 15.40 Morell Lavallee lesions / Open Pelvic fractures - evaluation and management  
**A.T. Konstas**
- 16.00 Pelvic fractures and genitor-urinary injury  
**M. Rickman**
- 16.20 Pelvic fractures and associated vascular injuries  
**Ch. Maltezos**
- 16.40-17.00 **DISCUSSION**
- 17.00-17.20 **COFFEE BREAK**

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## Scientific Program

### DAY 1 / Thursday, June 14, 2018

- 17.20-19.00**      **SURGICAL TREATMENT OF PELVIC RING INJURIES**  
Moderators: **M. Rickman, J.M. Rueger**
- 17.20**              Posterior approach of SI joint and Sacrum: Indication  
& Technique  
**M. Rickman**
- 17.40**              Sacroiliac dislocations, fracture dislocations and Ilium  
fractures  
**T. Tosounidis**
- 18.00**              Sacral fractures including H/U fracture  
**W. Lehmann**
- 18.20**              Definitive management: Principles and tactics  
**J.M. Rueger**
- 18.40-19.00**      **DISCUSSION**

**END OF FIRST DAY**



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## Scientific Program

**DAY 2 / Friday, June 15, 2018**

### MAIN LECTURE HALL

- 08.20-09.20 RADIOLOGY AND CLASSIFICATION ACETABULAR FRACTURES**  
Moderators: **W. Lehmann, K. Papakostidis**
- 08.20** Anatomy and Radiology of normal Acetabulum  
**N. Baxevanos**
- 08.40** Classification of acetabular fractures  
**N. Kanakaris**
- 09.00-09.20 DISCUSSION**
- 09.20-10.40 SURGICAL TREATMENT OF ACETABULAR FRACTURES I**  
Moderators: **J.M. Rueger, T. Tosounidis**
- 09.20** Posterior wall, Posterior column, Posterior column plus Posterior wall  
**A.T. Konstas**
- 09.40** Anterior wall, Anterior column  
**T. Tosounidis**
- 10.00** Transverse, T-shaped, Transverse plus Posterior wall  
**M. Rickman**
- 10.20-10.40 DISCUSSION**
- 10.40-11.00 COFFEE BREAK**
- 11.00-12.20 SURGICAL TREATMENT OF ACETABULAR FRACTURES II**  
Moderators: **M. Rickman, J.M. Rueger**
- 11.00** Anterior and posterior hemi-transverse  
**W. Lehmann**
- 11.20** Both column  
**J.M. Rueger**
- 11.40** Indication for surgery and decision making  
**M. Rickman**
- 12.00-12.20 DISCUSSION**

**14-17**  
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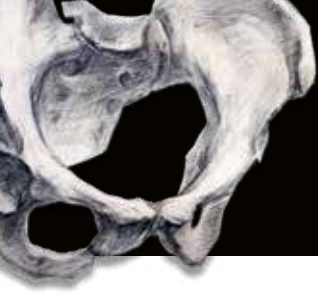
## Scientific Program

**DAY 2 / Friday, June 15, 2018**

### MAIN LECTURE HALL

- 12.20-13.40 ACETABULAR FRACTURES: SPECIAL TOPICS**  
Moderators: **N. Kanakaris, J.M. Rueger**
- 12.20** Osteoporotic acetabular fractures: Techniques of reduction and fixation  
**M. Hartel**
- 12.40** Combined pelvic and acetabular injuries  
**N. Kanakaris**
- 13.00** Indications and revision in surgical mal-reduction  
**J.M. Rueger**
- 13.20-13.40 DISCUSSION**

**13.40-14.20 LIGHT LUNCH**



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## Scientific Program

**DAY 2 / Friday, June 15, 2018**

**PRACTICAL EXERCISE, VIDEOS AND LECTURES**

**MAIN LECTURE HALL ALL GROUPS**

**14.20-14.30 INTRODUCTION**  
**J.M. Rueger**

**HAOST 4<sup>TH</sup> FLOOR**

**14.30-16.00 PRACTICAL EXERCISE: SAW BONES**  
Moderators: **M. Hartel, N. Kanakaris**  
Instructors: **M. Hartel, N. Kanakaris, W. Lehmann, S.A. Papadakis**

**14.30** Symphysis Pubis Plating  
**W. Lehmann**

**15.00** Ex. Fixateur  
**S.A. Papadakis**

**15.30** ORIF of Crescent fracture  
**M. Hartel**

**16.00-16.30 MAIN LECTURE HALL ALL GROUPS**

C-clamp (Video in a real patient)  
**Video by W. Lehmann**

**16.30-17.00 COFFEE BREAK**

**MAIN LECTURE HALL**

**17.00-18.30 VIDEOS AND LECTURES**  
Moderators: **W. Lehmann, J.M. Rueger**

**17.00** Symphysis Pubis Plating  
**J.M. Rueger**

**17.30** Posterior approach of SI Joint  
**M. Hartel**

**18.00** Spinopelvic fixation  
**W. Lehmann**

**END OF SECOND DAY**

**DAY 2 / JUNE 15**  
**PRACTICAL EXERCISE**  
**GROUP A - (A1, A2, A3, A4)**

## Scientific Program

### DAY 2 / Friday, June 15, 2018

#### PRACTICAL EXERCISE, VIDEOS AND LECTURES

#### MAIN LECTURE HALL ALL GROUPS

14.20-14.30 **INTRODUCTION**  
**J.M. Rueger**

#### MAIN LECTURE HALL

14.30-16.00 **VIDEOS AND LECTURE**  
Moderators: **A.T. Konstas, J.M. Rueger**

14.30 Symphysis Pubis Plating  
**J.M. Rueger**

15.00 Posterior approach of SI Joint  
**M. Rickman**

15.30 Spinopelvic fixation  
**W. Lehmann**

#### 16.00-16.30 MAIN LECTURE HALL ALL GROUPS

C-clamp (Video in a real patient)  
**Video by W. Lehmann**

#### 16.30-17.00 COFFEE BREAK

#### HAOST 4<sup>TH</sup> FLOOR

17.00-18.30 **PRACTICAL EXERCISE: SAW BONES**  
Moderators: **S.A. Papadakis, M. Rickman**  
Instructors: **S.A. Papadakis, K. Papakostidis,**  
**A. Papatiriou, M. Rickman**

17.00 Symphysis Pubis Plating  
**K. Papakostidis**

17.30 Ex. Fixateur  
**S.A. Papadakis**

18.00 ORIF of Crescent fracture  
**M. Rickman**

**END OF SECOND DAY**

**DAY 2 / JUNE 15**  
**PRACTICAL EXERCISE**  
**GROUP B (B1, B2, B3, B4)**



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## Scientific Program

**DAY 3 / SATURDAY, June 16, 2018**

### MAIN LECTURE HALL

**09.00-10.20 SURGICAL TREATMENT OF ACETABULAR FRACTURES I**  
Moderators: **M. Hartel, S. Pneumatikos**

**09.00** Ilioinguinal approach: Indication & Technique  
**S. Pneumatikos**

**09.20** Anterior Intrapelvic approach: Indication & Technique  
**M. Hartel**

**09.40** Kocher Langenbeck approach: Indication & Technique  
**S.A. Papadakis**

**10.00-10.20 DISCUSSION**

### 10.20-10.40 COFFEE BREAK

**10.40-12.00 SURGICAL TREATMENT OF ACETABULAR FRACTURES II**  
Moderators: **W. Lehmann, K. Papakostidis**

**10.40** Reduction and fixation through the KL approach  
**K. Papakostidis**

**11.00** Reduction and fixation through II approach  
**J.M. Rueger**

**11.20** Reduction and fixation through AIP approach  
**W. Lehmann**

**11.40-12.00 DISCUSSION**



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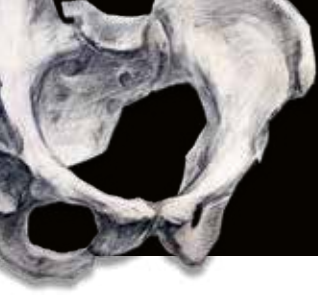


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## Scientific Program

### DAY 3 / SATURDAY, June 16, 2018

- 12.00-13.40 ACETABULAR FRACTURES: SPECIAL TOPICS**  
Moderators: **S.A. Papadakis, J.M. Rueger**
- 12.00** Newer techniques (Navigation, MIS) in the treatment of pelvic and acetabular fractures  
**M. Hartel**
- 12.20** Complications of acetabular fractures  
**N. Prevezas**
- 12.40** THA after acetabular fractures  
**G. Macheras**
- 13.00** Thromboprophylaxis of pelvic and acetabular fractures  
**S. Sourmelis**
- 13.20-13.40 DISCUSSION**
- 13.40-14.20 LIGHT LUNCH**



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## Scientific Program

**DAY 3 / SATURDAY, June 16, 2018**

**PRACTICAL EXERCISE, VIDEO AND CASE DISCUSSION**

**MAIN LECTURE HALL ALL GROUPS**

14.20-14.30 **INTRODUCTION**  
**J.M. Rueger**

**HAOST 4<sup>TH</sup> FLOOR**

14.30-16.00 **PRACTICAL EXERCISE: SAW BONES**  
Moderators: **N. Kanakaris, A. Papatotiriou**  
Instructors: **N. Kanakaris, A. Papatotiriou, M. Rickman, T. Tosounidis**

14.30 Posterior wall fracture  
**N. Kanakaris**

15.00 Transverse and Posterior wall fracture  
**M. Rickman**

15.30 Both column fracture  
**T. Tosounidis**

**16.00-16.30 COFFEE BREAK**

**MAIN LECTURE HALL**

16.30-18.00 **VIDEOS AND CASE DISCUSSION**  
Moderators: **M. Hartel, A.T. Konstas**

16.30 Ilioinguinal approach (Video)  
**J.M. Rueger**

17.00 Kocher-Langenbeck approach (Video)  
**W. Lehmann**

17.30 **CASE DISCUSSION (ALL GROUP A)**

**END OF THIRD DAY**

**DAY 3 / JUNE 16**  
**PRACTICAL EXERCISE**  
**GROUP A - (A1, A2, A3, A4)**

## Scientific Program

### DAY 3 / SATURDAY, June 16, 2018

#### PRACTICAL EXERCISE, VIDEO AND CASE DISCUSSION

#### MAIN LECTURE HALL ALL GROUPS

- 14.30-16.00 **VIDEOS AND CASE DISCUSSION**  
Moderators: **N. Baxevanos, M. Hartel**
- 14.30 Ilioinguinal approach (Video)  
**J.M. Rueger**
- 15.00 Kocher-Langenbeck approach (Video)  
**W. Lehmann**
- 15.30 **CASE DISCUSSION (ALL GROUP B)**

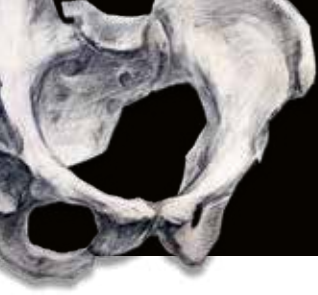
#### 16.00-16.30 COFFEE BREAK

#### HAOST 4<sup>TH</sup> FLOOR

- 16.30-18.00 **PRACTICAL EXERCISE: SAW BONES**  
Moderators: **N. Kanakaris, A. Papatiriu**  
Instructors: **N. Kanakaris, A. Papatiriu, M. Rickman, T. Tosounidis**
- 16.30 Posterior wall fracture  
**N. Kanakaris**
- 17.00 Transverse and Posterior wall fracture  
**M. Rickman**
- 17.30 Both column fracture  
**T. Tosounidis**

END OF THIRD DAY

DAY 3 / JUNE 16  
PRACTICAL EXERCISE  
GROUP B (B1, B2, B3, B4)



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## Scientific Program

**DAY 4 / SUNDAY, June 17, 2018**

**CADAVERS, LECTURES AND CASE DISCUSSION**

**ANATOMY LECTURE HALL ALL GROUPS**

**08.45-09.00 INTRODUCTION**  
**J.M. Rueger**

**ANATOMY LAB**

**09.00-10.00 ILIOINGUINAL APPROACH Right side**  
Instructors: **D. Klapsakis, S. Pneumatikos, M. Prevezas, W. Lehmann, T. Tosounidis**

**10:00-11:00 LECTURES AND CASE DISCUSSION**  
Moderators: **M. Hartel, J.M. Rueger**

**10.00** 1. Development of a new Stryker pro-set  
**J.M. Rueger**

**10.20** 2. Stoppa approach & new implants  
**R. Hartel**

**10.40** 3. Case discussion

**11.00-11.30 COFFEE BREAK**

**ANATOMY LAB**

**11.30-12.30 KOCHER-LANGENBECK APPROACH Right side**  
Instructors: **N. Baxevanos, D. Klapsakis, A.T. Konstas, S.A. Papadakis, M. Prevezas**

**ANATOMY LECTURE HALL**

**12.30-13.30 VIDEOS AND CASE DISCUSSION**  
Moderators: **M. Hartel, N. Kanakaris**

**12.30** 1. Trochanteric flip (Video) by Siebenrock  
**M. Hartel**

**12.50** 2. Smith Petersen (Video) by Rickman  
**J.M. Rueger**

**13.10** 3. Case discussion

**DAY 4 / JUNE 17**  
**ANATOMY LAB**  
**GROUP A - (A1, A2, A3, A4)**

## Scientific Program

### DAY 4 / SUNDAY, June 17, 2018

#### CADAVERS, LECTURES AND CASE DISCUSSION

#### ANATOMY LECTURE HALL ALL GROUPS

08.45-09.00 **INTRODUCTION**  
**J.M. Rueger**

#### ANATOMY LECTURE HALL

09.00-10.00 **LECTURES AND CASE DISCUSSION**  
Moderator: **O. Paxinos**

09.00 1. Development of a new Stryker pro-set  
**J.M. Rueger**

09.20 2. Stoppa approach & new implants  
**R. Hartel**

09.40 3. Case discussion

#### ANATOMY LAB

10.00-11.00 **ILIOINQUINAL APPROACH Left side**

Instructors: **N. Kanakaris, A.T. Konstas, A. Papisotiriou, S. Pneumatikos, T. Tosounidis**

#### 11.00-11.30 **COFFEE BREAK**

#### ANATOMY LECTURE HALL

11.30-12.30 **VIDEOS AND CASE DISCUSSION**  
Moderators: **T. Tosounidis, W. Lehmann**

11.30 1. Trochanteric flip (video) by Siebenrock  
**W. Lehmann**

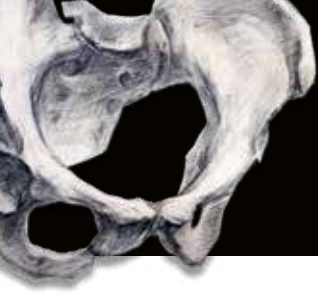
11.50 2. Smith Petersen (video) by Rickman  
**J.M. Rueger**

12.10 3. Case discussion

#### ANATOMY LAB

12.30-13.30 **KOCHER-LANGENBECK APPROACH Left side**

Instructors: **N. Kanakaris, A.T. Konstas, S.A.Papadakis, A. Papisotiriou, O. Paxinos**



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**DAY 4 / SUNDAY, June 17, 2018**

- |             |   |
|-------------|---|
| 13.45-13.55 | All Groups & Faculty<br><b>J.M. Rueger</b>                |
| 13.55-14.00 | Farewell Speech of the President<br><b>S.A. Papadakis</b> |
| 14.00       | <b>END OF COURSE</b>                                      |



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