



# 5<sup>th</sup> Symposium

## Shoulder - Elbow Surgery Section

Hellenic Association of Orthopaedic Surgery and Traumatology

### 5-6 April 2019

Amphitheater of Physiology "G. Kotzias"  
Medical School, University of Athens

#### Invited Speakers

Alessandro **Castagna**

Ralph **Hertel**

Philippe **Valenti**

**Dry Lab**  
**Arthroscopic**  
**Techniques**



**FINAL**  
**PROGRAM**

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UNDER THE PATRONAGE:



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Dry Lab  
Arthroscopic  
Techniques



## Dry Lab workshops SCIENTIFIC PROGRAM

Reading Hall  
Laboratory  
of Anatomy

Friday 5 April 2019

### 08:30 - 11:00 Basics on shoulder arthroscopy

Moderator: **O. Savvidou**

- 08:30 - 08:40 Positioning of the patient. Beach chair or lateral decubitus  
**D. Varvitsiotis**
- 08:40 - 08:50 Portals on shoulder arthroscopy  
**I. Chiotis**
- 08:50 - 09:00 Shoulder arthroscopic anatomy and variants  
**A. Kyriakos**
- 09:00 - 09:10 Anterior labrum repair with anchors. How I do it  
**I. Ntisis**

Anatomy Hall  
Laboratory  
of Anatomy

09:10 - 11:00 Workshop on arthroscopic stations

### Instructors

**D. Alexakis**  
**A. Apostolopoulos**  
**A. Boutsiadis**  
**E. Brilakis**  
**I. Chiotis**  
**G. Flevarakis**  
**I. Galanopoulos**  
**F. Giannoulis**  
**G. Kasimatis**  
**Z. Kokkalis**

**N. Konstantinou**  
**D. Kostopoulos**  
**A. Kyriakos**  
**I. Mataragkas**  
**I. Ntisis**  
**I. Pavlidis**  
**C. Theos**  
**I.K. Triantafyllopoulos**  
**D. Varvitsiotis**

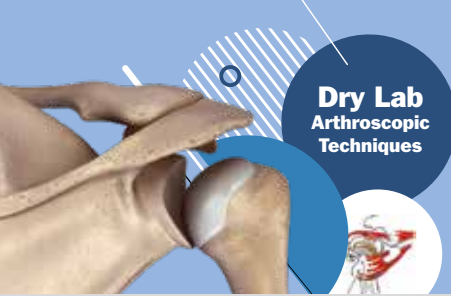
### Dry Lab Coordinators

Z. Kokkalis  
D. Varvitsiotis

### Dry Lab Support

V. Chatziravdeli  
G. Genetzakis  
I. Kotsalis  
P. Papadopoulos

11:00 - 11:30 Coffee Break



**Dry Lab  
Arthroscopic  
Techniques**

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## Dry Lab workshops SCIENTIFIC PROGRAM

**Friday 5 April 2019**

**Reading Hall  
Laboratory  
of Anatomy**

### **12:00 - 14:15** Rotator cuff tear (RCT)

Moderator: **N. Roidis**

- 12:00 - 12:10     Imaging and arthroscopic classification of RCT  
**I. Galanopoulos**
- 12:10 - 12:20     Repair of anterosuperior RCT  
**F. Giannoulis**
- 12:20 - 12:30     Single or double row repair  
**I. Mataragkas**

**Anatomy Hall  
Laboratory  
of Anatomy**

### **12:30 - 14:15** Workshop on arthroscopic stations

#### **Instructors**

- D. Alexakis**
- A. Boutsiadis**
- E. Brilakis**
- I. Chiotis**
- D. Chissas**
- G. Flevarakis**
- I. Galanopoulos**
- F. Giannoulis**
- G.-G.S. Karachalios**
- Z. Kokkalis**

- D. Kostopoulos**
- A. Kyriakos**
- I. Mataragkas**
- I. Ntisis**
- I. Pavlidis**
- O. Paxinos**
- C. Theos**
- A. Tokis**
- I.K. Triantafyllopoulos**

#### **Dry Lab Coordinators**

- Z. Kokkalis
- D. Varvitsiotis

#### **Dry Lab Support**

- E. Papanikos
- K. Raptis
- S. Syngouna
- K. Varvaroussis

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## SCIENTIFIC PROGRAM

Friday 5 April 2019

15:00 - 17:15

Rotator Cuff Tears (RCT)

### Part I

Moderators: **D. Alexakis, D. Tsoukas**

Natural history of RCT: What should your patient know?

**K. Ditsios**

Clinical signs to assess rotator cuff function. Which work?

**A. Panagopoulos**

Anatomy of RCT and imaging

**A. Plagou**

Discussion

### Part II

Moderators: **A. Tokis, G. Tsikouris**

Subscapularis tears: Classification and treatment

**D. Kostopoulos**

Transmural RCT: What type of fixation and how to avoid complications

**C. Sinopidis**

Partial thickness RCT: Debridement, repair with or without takedown

**A. Castagna**

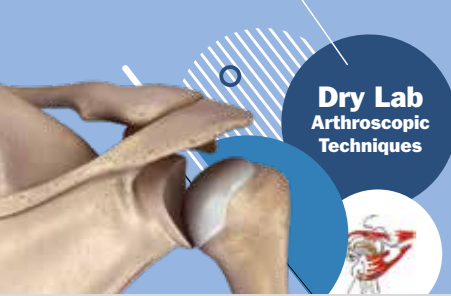
Management of the long head of biceps when repairing the rotator cuff

**I. Gliatis**

Discussion

17:15 - 17:30

Coffee Break



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## SCIENTIFIC PROGRAM

**Friday 5 April 2019**

**17:30 - 18:00**

### Welcome Addresses

**P. Skandalakis**

*Professor of Anatomy and Surgical Anatomy, Medical School, National and Kapodistrian University of Athens, Director of the Department of Anatomy and Surgical Anatomy Medical School, University of Athens, Greece*

**A. B. Zoubos**

*Professor Emeritus of Orthopaedics, School of Medicine, University of Athens, Greece, President of the Hellenic College of Orthopaedic Surgeons*

**P. J. Papagelopoulos**

*MD, DSc, FACS, Professor & Chairman, First Department of Orthopaedics, Athens University Medical School, Attikon University General Hospital, Athens, Greece, President of the Hellenic Association of Orthopaedic Surgery and Traumatology*

Shoulder - Elbow Surgery Section. The section's history

**D. Varvitsiotis**

**18:00 - 19:30**

### Massive Rotator Cuff Tears (RCT)

Moderators: **A. Castagna, E. Brilakis**

Partial repair

**D. Alexakis**

Superior capsular reconstruction

**C. K. Yiannakopoulos**

Subacromial balloon

**E. Antonogiannakis**

Tendon transfer for posterosuperior rotator cuff

**P. Valenti**

Tendon transfer for anterior rotator cuff

**E. Fandridis**

Arthroplasty

**J. S. Maris**

Discussion

**19:30 - 20:15**

### Interactive Case Discussion: Rotator Cuff Tears (RCT)

Moderator: **E. Fandridis**

Panel: **A. Castagna, R. Hertel, P. Valenti, E. Antonogiannakis, C. K. Yiannakopoulos**

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## SCIENTIFIC PROGRAM

Saturday 6 April 2019

09:00 - 10:15

### Anterior Traumatic Instability

Moderators: **R. Hertel, A. Georgoulis**

Clinical examination of anterior instability. What I look for?

**C. Chrysanthou**

Pathoanatomy and which imaging modality should I use?

**A. Karantanas**

Assessment of the glenoid and humeral defects

**F. Zampeli**

First time dislocators. How do I treat them?

**I. K. Triantafyllopoulos**

Discussion

10:15 - 10:45

### Coffee Break

10:45 - 12:15

### Anterior Post-traumatic Instability-Surgical Treatment

Moderators: **P. Valenti, C. Sinopidis**

Arthroscopic soft tissue procedures (labral repair, remplissage, capsular shift)

**A. Castagna**

Is there still an indication for open soft tissue repair?

**H. Georgoulis**

Bone block procedures

**R. Hertel**

Open Latarjet

**M. Hantes**

Arthroscopic Latarjet. How I do it?

**P. Valenti**

Discussion

12:15 - 13:15

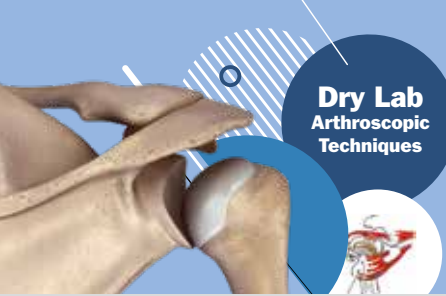
### Interactive Case Discussion: Anterior Traumatic Instability

Moderator: **A. Castagna**

Panel: **R. Hertel, P. Valenti, H. Georgoulis, M. Hantes, C. Sinopidis**

13:15 - 13:45

### Lunch Break



**Dry Lab  
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## SCIENTIFIC PROGRAM

**Saturday 6 April 2019**

**13:45 - 15:15**

### **Anatomic Total Shoulder Arthroplasty**

Moderators: **J. C. Feroussis, N. Gerostathopoulos**

Clinical and imaging approach of patient with glenohumeral arthrosis

**Z. Kokkalis**

Glenoid implant for anatomic total shoulder arthroplasty

**A. Castagna**

Humeral implant for anatomic total shoulder arthroplasty

**P. Papadopoulos**

Reasons for failure of anatomic total shoulder arthroplasty

**R. Hertel**

How to manage glenoid defects in anatomic total shoulder arthroplasty

**R. Hertel**

Discussion

**15:15 - 15:30**

**Coffee Break**

**15:30 - 17:00**

### **Reverse Shoulder Arthroplasty (RSA)**

Moderators: **E. Chronopoulos, E. Fandridis**

Preoperative planification. Is it necessary?

**P. Valenti**

How much lateralization and inferior tilt in RSA? What do we know?

**A. Boutsiadis**

Revision of anatomic total shoulder arthroplasty to RSA

**P. Valenti**

Failed RSA. What's next?

**J. C. Feroussis**

Cuff Tear "Arthroplasty". A new approach

**P. Dimakopoulos**

Discussion

**17:00 - 18:00**

### **Interactive Case Discussion: Reverse Shoulder Arthroplasty (RSA)**

Moderator: **R. Hertel**

Panel: **A. Castagna, P. Valenti, J. C. Feroussis, P. Papadopoulos**

**18:00**

**Closing Remarks**