

## Scientific Program

## Friday 27 September 2019

08:00-09:30

**Workshop (ACUMED/OPTIMUM)**

09:30-10:30

**ELBOW BASICS - ARTHROSCOPY**Chair: *R. Van Riet, N.A. Darlis*Anatomy - biomechanics, *P. Stavlas*Clinical examination of the elbow, *E. Fandridis*Surgical approaches of the elbow, *Ch. Dinopoulos*Elbow Arthroscopy. Playing safe, *N.A. Darlis**Discussion*

10:30-11:00

**Coffee Break**

11:00-12:00

**SYMPOSIUM: CURRENT CONCEPTS ON ELBOW ENTHESOPATHY**Chair: *D. Ring, O.D. Savvidou*Is it a self-limited illness, *D. Ring*Managing chronic refractory tendinopathy. Does anything work? *B. Morrey*Open or arthroscopic techniques of lateral epicondylitis, *Chr. Chrysanthou*

12:00-12:30

**Opening Ceremony**

Welcome Dr. S. - G. Sourmelis &amp; Ass. Professor O.D. Savvidou

Professor P. Papagelopoulos President of the Hellenic Association of Orthopaedic Surgery &amp; Traumatology

Professor A.B. Zoubos President of the Hellenic College of Orthopaedic Surgeons

Dr. G. Zacharopoulos President Scientific Committee "Hygeia" Hospital, Athens

Mr. A. Kartapanis CEO "Hygeia" Hospital, Athens

12:30-14:00

**TRAUMA I**Chair: *D. Ring, A.B. Zoubos*The role of CT and MRI in the management of elbow trauma, *D. Ring*Internal fixation of distal intraarticular humerus fractures, *S. Varitimidis*Is olecranon osteotomy and transposition of ulnar nerve always necessary in intraarticular fractures, *V. Psychogyios*Pitfalls leading to mal-nonunion of distal fractures. How to manage, *M. Demirhan*

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The infected internal fixation of fractures of the elbow, *Ch. Zalavras*

Coronal shear fractures How to approach and fix, *Ch. Zalavras*

Olecranon fractures, *I. Maris*

Pitfalls in fixing olecranon fracture dislocation, *Ch. Zalavras*

*Discussion*

14:00-14:30

Lunch break

14:30-15:30

Case Presentations

15:30-16:30

TRAUMA II

Chair: *M. Demirhan, I. Feroussis*

The role conservative treatment and arthritis following radial head fracture,  
*D. Ring*

Comminuted fractures of radial head. Treatment options, *O.D. Savvidou*

Radial head arthroplasty. Current concepts, *I. Sarris*

What next following removal radial head prosthesis, *R. Van Riet*

*Discussion*

16:30-17:00

Coffee break

17:00-19:00

INSTABILITY OF THE ELBOW

Chair: *D. Ring, Ch. Zalavras*

Indications for arthroscopy in acute trauma, *R. Van Riet*

The pediatric terrible triad, *Z. Dailiana*

Terrible triad. The algorithm, *P. Givisis*

Coronoid fractures. Do all need fixation, *N. Zagoraios*

Treatment of persistent elbow instability, *D. Ring*

Biceps injury. Endoscopic techniques, *R. Van Riet*

Biceps injury. Open techniques, *P. Papadopoulos*

Triceps injury, *M. Demirhan*

*Discussion*

## Scientific Program

### Saturday 28 September 2019

08:00-09:30 **Workshop (STRYKER/RONTIS)**

09:30-11:00 **ELBOW TRAUMA**

Chair: *D. Ring, M. Demirhan*

Forearm traumatic instability, *E. Apergis*

**Symposium: Elbow stiffness after injury**

Recovery from injury, *D. Ring*

Heterotopic ossification. Pitfalls of treatment, *A.V. Korompilias*

Causes and effective management of elbow stiffness, *B. Morrey*

Arthroscopic elbow release for elbow stiffness, *R. Van Riet*

The O. K procedure, *K.N. Malizos*

11:00-11:30 **Coffee Break**

11:30-12:00 **Lecture**

Chair: *S. - G. Sourmelis*

Thriving Mentorship in Orthopaedics: The value of the "Symbiotic Chemistry" between Teacher & Student, *P.N. Soucacos*

12:00-13:00 **ELBOW RECONSTRUCTION I**

Chair: *K. Ditsios, V. Kontogeorgakos*

Radial tunnel and PIN syndrome Tips of treatment, *F. Giannoulis*

Surgical techniques of the treatment of ulnar neuritis, *E. Athanaselis*

The snapping elbow, *V. Kontogeorgakos*

**Discussion**

13:00-13:30 **Lunch break**

13:30-14:30 **Case presentation**

## Scientific Program

## Saturday 28 September 2019

## 14:30-17:00 ELBOW RECONSTRUCTION II

Elbow replacement. The evolution, *K. Ditsios*  
 Elbow replacement in post-traumatic conditions, *M. Demirhan*  
 Distal humeral fractures in elderly. Fix or replace, *Chr. Sinopidis*  
 Disorganized elbow joint. Alternatives to Arthroplasty, *S. - G. Sourmelis*  
 Clinical Cases

## Sunday 29 September 2019

## Hellenic Association of Orthopaedic Surgery and Traumatology (HAOST)

08:15-14:00 Workshop will take place with demonstration of elbow exposures as well as osteosynthesis of specific fractures (**MEDARTIS-DMPS**)  
**"Advanced Concepts in Treatment of Elbow Fractures"**

08:15-08:35 **Welcome**

08:35-09:05 **Elbow Fractures - Theoretical Part**

08:35-08:45 Current Treatment in Distal Humerus Fractures, *Dr. K. Wegmann*

08:45-08:55 Olecranon Fractures – Double plating Philosophy, *Dr. K. Wegmann*

08:55-09:05 Medartis Implants and Instruments (APTUS® Elbow 2.8 System), *Mr. D. Gebele*

09:05-11:05 **Elbow Fractures - Practical Part**

09:05-10:15 Lab 1: Cadaveric pre-fractured case 1 – Distal Humerus Fracture

10:15-11:05 Lab 2: Cadaveric pre-fractured case 2 – Olecranon Fracture

11:05-11:30 **Break**

## ΣΥΝΕΔΡΙΑ ΣΤΑ ΕΛΛΗΝΙΚΑ – SYMPOSIUM IN GREEK

11:30-12:00 Οπίσθια Προσπέλαση (Bryan-Morrey, TRAP, Οστεοτομία), *B. Ψυχογιός*

12:00-12:30 Έσω Προσπέλαση (Hotchkiss, Medial coronoid), *N. Ζαγοραίος*

12:30-13:00 Έξω Προσπέλαση (Column, Kaplan, Kocher), *Σ. - Γ. Σουρμελής, N. Βεργάδος*

13:00-13:30 Πρόσθια Προσπέλαση, *X. Ντινόπουλος*

13:30-14:00 Προσπελάσεις Αντιβραχίου, *N. Δαρλής*