NAOUSA FOOT AND ANKLE SURGERY - from NADA to PRADA

Organized by





ORTHOPAEDIC DEPARTMENT NAOUSA'S GENERAL HOSPITAL HAOST

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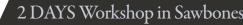
ΟΤΕΜΑΘ





[LIMITED POSITIONS]

2 DAYS live Surgery







2 DAYS live Surgery

2 DAYS Workshop in Sawbones

Welcome Note

Dear colleagues,

Naousa's Orthopaedic Department proudly invite you to the "Naousa - Foot and Ankle Surgery – From Nada to Prada" meeting.

The meeting will be held from the 26th until the 28th of January 2024 at Naousa's "ERIA Centre".

This meeting is under the auspice of OTEMAO and scientifically supported by the members of the Hellenic Association of Orthopaedic Surgery and Traumatology. It is a unique event for the members of the Hellenic Foot & Ankle Society, Section HAOST.

Distinguished European Foot and Ankle Society members have also been invited as speakers.

This meeting is designed to provide a thorough knowledge update on the Foot and Ankle problems, analysing topics such as ankle arthroscopy, F&A fractures, and congenital and acquired deformities of the foot.

An expert faculty member will embark on a special session for total ankle replacement.

On the pre-meeting day (Thursday the 25th) and the first day of the meeting (Friday the 26th), esteemed faculty will share their experience with junior doctors on current Foot and Ankle problems, diagnosis, and treatment through a combination of lectures and live surgery at Naousa's General Hospital.

A lesson for ultrasound F&A blocks and hands-on sawbones will also happen.

We look forward to your warm participation and are confident you will join this meeting.

Looking forward to seeing you, Best regards,

Alexandros Eleftheropoulos MD

Foot and Ankle Orthopaedic Consultant Head of Orthopaedic Department Naousa's General Hospital Central Macedonia, Greece

Naousa's General Hospital ERIA Centre

Organising committee

- A. Eleftheropoulos
- P. Enfientzoglou
- N. Tsiamis
- E. Papamichail
- M. Kotsapas
- A. Gantsos
- N. Goutsiou
- G. Anagnostou
- I. Vassiadis
- K. Gkoumousian

- I. Petrakis
- D. Giannekas
- Z. Zacharopoulos
- A. Polyzos
- A. Kyrkos
- C. Koukos
- M. Papadakis
- P. Papanikolaou
- D. Kona
- E. Piperia





ΟΤΕΜΔΘ

HAOST

2 DAYS live Surgery

2 DAYS Workshop in Sawbones

Scientific Program Course only for trainees Thursday, 25 January 2024 Naousa's General Hospital 07:30 - 08:00 Welcome coffee 08:00 - 14:30LIVE Surgery – LIVE Ultrasound Blocks Instructors: O. Papazachariadis, D. Hatziemmanuil, I. Vasiadis, C. Vassos, A. Eleftheropoulos Revision Total Ankle Replacement MIS reconstruction of Forefoot - Distal Tibia Osteotomy - Kelly and Keck Osteotomy Lunch break 14:30 - 15:00 15:00 - 16:30Hands-on Sawbones – EX FIX – Tibia Ankle Foot (Powered by Osteocell and Orthopaedics for Dummies) Hands-on Sawbones – Foot and Ankle osteotomies (powered by C. Papaellinas - Arthrex and Orthopaedics for Dummies) Instructors: L. Ikonomou, I. Petrakis, I. Vasiadis, C. Vassos,

I. Kotsalis, N. Patsiogiannis, A. Eleftheropoulos

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Naousa's General Hospital

Scientific Program

Friday, 26 January 2024

07:30 – 08:00 Welcome coffee

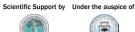
- 08:00 14:30 LIVE Surgery LIVE Ultrasound Blocks Instructors: O. Papazachariadis, D. Hatziemmanuil, C. Vassos, A. Eleftheropoulos
 - Scarf
 - MTP Fusion
 - FHL Transfer
 - TTC Fusion
- 14:30 15:00 Lunch break
- **15:00 16:30** Hands-on Sawbones MTP Fusion Lapidus procedure (Powered by DMPS Ltd & Orthopaedics for Dummies)

Instructors:

- I. Giannaros, I. Petrakis, C. Vassos, I. Kotsalis,
- D. Hatziemmanuil, A. Eleftheropoulos

16:30 – 17:00 Coffee Break





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Scientific Program Friday, 26 January 2024

ERIA Centre

17:30 - 18:15

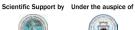
Technique Lectures Moderators: D. Hatziemmanuil, C. Vassos MIS forefoot reconstruction Ir. Giannaros Lapidus procedure I. Spanos SCARF osteotomy S. Ristanis

Naousa's General Hospital ERIA Centre

Scientific Program

nuary 2024	ERIA Centre
Welcome Coffee	
Opening Ceremony "The Spectrum of foot dysplasia, f polydactyly" N. Laliotis	rom oligodactyly to
Ankle Fractures and beyond Moderators: A. Gantsos, K. Kabba Introduction A. Papanikolaou Spam – Scan and Plan L. Oikonomou (A. Eleftheropoulos "Front Door or Back Door". Which N. Patsiogiannis Pilon Fractures. My way of treatme St. Papadakis Tell me what to do. Interesting Cas	s) path to follow ent
R. Tsaknis	
Coffee Break	
Special Techniques for Special C Moderator: K. Chitas, I. Giannouli Distal Tibial Fractures. How far can I reach with my nail M. Savvidis TTC Fusion. All or nothing I. Vasiadis Discussion	
	 Welcome Coffee Opening Ceremony "The Spectrum of foot dysplasia, f polydactyly" N. Laliotis Ankle Fractures and beyond Moderators: A. Gantsos, K. Kabba Introduction A. Papanikolaou Spam – Scan and Plan L. Oikonomou (A. Eleftheropoulos "Front Door or Back Door". Which N. Patsiogiannis Pilon Fractures. My way of treatments St. Papadakis Tell me what to do. Interesting Case R. Tsaknis Discussion Coffee Break Special Techniques for Special C Moderator: K. Chitas, I. Giannouli Distal Tibial Fractures. How far can I reach with my nail M. Savvidis TTC Fusion. All or nothing I. Vasiadis





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Scientific Program

Saturday, 27 January 2024

ERIA Centre

12:00 - 13:00	Calcaneal and Talar fractures and lesions Moderators: Z. Zacharopoulos, I. Tseronis Introduction Ch. Kalitsis
	Extended open technique. Fix it all, fix it right Ch. Konstantoulakis
	MIS. The Sinus Tarsi approach. Make it simple, make it elegant I. Papachristos
	Examine the panel. Interesting cases P. Symeonidis
	Discussion
13:00 - 13:15	Coffee Break
13:15 - 14:15	 Foot and Ankle problems in kids Moderators: N. Tsiamis, Ch. Konstantoulakis Ankle fractures in kids M. Kyrkos Juvenile Hallux Valgus A. Christou Club Foot Deformity. My way of treatment Z. Dailiana Complex Club Foot Cases: think outside the box D. Metaxiotis Discussion
14:15 - 14:45	Lunch Break

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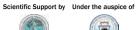
Scientific Program

Saturday, 27 January 2024

ERIA Centre

14:45 - 16:15	Hind Foot Deformities – Arthritis Moderators: S. Dimitriadis, D. Giannekas
	Introduction K. Gkoumousian
	Why ankle arthrodesis is my favourite procedure N. Gougoulias
	TAR – When is YES and when is NO for me D. Georgianos
	Double or Triple? Which is the right path E. Iliopoulos
	Acquired Flat Foot Deformity from stage II to stage IV I. Giannakopoulos
	Lateral wall lengthening. The technique S. Manthas
	Discussion
16:15 - 16:30	Coffee Break





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Scientific Program

Saturday, 27 January 2024

ERIA Centre

16:30 - 17:45	Achilles Tendon Moderators: P. Kontovazenitis, E. Papamichail Introduction A. Polyzos
	Acute rupture. Make it open, make it right K. Kateros
	Acute rupture. I love MIS A. Konstantinidis
	Neglected ruptures. What are the options C. Dinopoulos
	Keck and Kelly osteotomy. Indications – Surgical Technique M. Rozis Discussion
20:00	Gala Dinner at ERIA

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Scientific Program

Sunday, 28 Jar	nuary 2024	ERIA Centre
09:15 - 09:30	Good morning Coffee	
09:30 - 10:30	Forefoot Reconstruction Moderators: A. Eleftheropoulos, D Seven sins that you need to avoid reconstruction E. Stamatis Examine the panel. Interesting Cas presented by juniors Discussion	in forefoot
10:30 - 11:00	Coffee Break	
11:00 - 12:00	 Ankle Instability and its Consequence Moderators: P. Kontovazenitis, S. OCL of the talus. Is this the beginne V. Chouliaras Lateral Ankle Instability. This is my E. Evangelou Medial, rotational and micro instability is it a myth or a fact I. Petrakis 	Georgopoulos ning of the END? r way of treatment
12:00	Closing Remarks	



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ORTHOPAEDIC DEPARTMENT NAOUSA'S GENERAL HOSPITAL



Faculty

HAOST

K. Chitas	MD, MSc, Orthopedic Surgeon, General Hospital of Kavala, Greece
Vasilios Chouliaras	Orthopaedic Consultant, General Hospital of Arta President of Hellenic Arthroscopic Society Member of PFI committee of ESSKA
Antonios Christou	Consultant in Orthopaedics and Trauma with Special Interests in Paediatric Orthopaedics, Thessaloniki, Greece
Chrysanthos Chrysanthou	MD, PhD, Consultant Orthopaedic Surgeon, Thessaloniki, Greece
Zoe Dailiana	MD, PhD, Professor, Department of Orthopaedic Surgery, Faculty of Medicine, University of Thessaly, Larissa, Greece HAOST past president
Stavros Dimitriadis	MD, MSc, Orthopaedic Surgeon, Naousa, Central Macedonia, Greece
Charalampos Dinopoulos	Orthopaedic Surgeon, Director of the 1st Department of Hospital "Asklipeio Voulas", Athens, Greece
Alexandros Eleftheropoulos	MD, Foot and Ankle Orthopaedic Consultant, Head of Orthopaedic Department Naousa's General Hospital, Central Macedonia, Greece
Evangelos Evangelou	Consultant Orthopaedic Surgeon, Metropolitan Hospital Athens, Foot & Ankle Fellow Zurich, Switzerland, Member of European Foot and Ankle Society (EFAS), Vice President of Hellenic Foot and Ankle Society (HEFAS)
Apostolos Gantsos	Consultant Orthopaedic Surgeon,Naousa's General Hospital Central Macedonia, Greece

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Naousa's General Hospital ERIA Centre

Faculty

Dimitrios Georgiannos	Dpt. Director of the 1st Orthopaedic Clinic, 424 GSNE, Scientific Associate of the 1st University Orthopedic Clinic of the General Hospital "Papanikolaou", Thessaloniki, Scientific Associate of the EUROMEDICA GENERAL Clinic, Thessaloniki, Greece
Ioannis Giannakopoulos	MD, PhD, MHCM Deputy Director Department of Orthopaedics, Certified Center for Arthroplasty and Knee Surgery Head of the Department Foot and Ankle Surgery Städtisches Krankenhaus Nettetal, Germany President Hellenic Doctors Society in North Rhine-Westfalia, Germany
Iraklis Giannaros	Orthopaedic Surgeon, PAOK FC Academy Doctor, Greece
Dimitrios Giannekas	Orthopaedic Surgeon, Alexandria Central Macedonia, Greece
Ioannis Giannoulis	Msc, Orthopaedic Surgeon, 3rd Department, European Interbalkan Medical Center, Thessaloniki, Greece
Krikor Gkoumousian	MD, Orthopaedic Surgeon, Thessaloniki, Greece
Nikolaos Gougoulias	MD, PhD, EFAS Certify, Consultant Orthopaedic Surgeon, General Hospital of Katerini, Greece, Honorary Consultant Orthopaedic Foot & Ankle Surgeon, Frimley Park Hospital, Surrey, United Kingdom, Member of European Foot Ankle Society Education Committee
Dimitrios Hatziemmanuil	Orthopaedic Surgeon, Interbalkan Medical Center, Thessaloniki, Greece HEFAS President
Efthymios Iliopoulos	Assistant Professor of Orthopaedics, Democritus University of Thrace, Greece



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Khaled Kabbani	MD, PhD, Orthopaedic Consultant, General University Hospital of Ioannina
Christos Kalitsis	MD, Orthopaedic Surgeon, General Hospital of Katerini, Greece
Konstadinos Kateros	MD, Orthopaedic Consultant, Head of the Department of 1st Orthopaedic Department «G. Gennimatas» General Hospital, Athens, Greece HAOST Vice President
Charalambos Konstantoulakis	MD, Orthopaedic Surgeon, Secretary of the Hellenic Paediatric Orthopaedics Society, Greece
Antonios Konstantinidis	Foot and Ankle Surgeon, Consultant Orthopaedic Surgeon, 2nd Orthopaedic Department, 424 Military Hospital, Thessaloniki, Greece
Panagiotis Kontovazenitis	PhD, Orthopaedic Surgeon, Sports Medicine - Adult Reconstruction Specialist, Athens Medical Center, Greece
Ioannis Kotsalis	Orthopaedic surgeon, 1st Orthopaedic Department "G. Gennimatas" General Hospital Athens, Greece
Margaritis J. Kyrkos	Consultant in Orthopaedics, Orthopaedic Department, General Hospital of Chalkidiki, Greece
Nikolaos Laliotis	Pediatric Orthopaedic Surgeon, M.Ch.Orth, former Assistant Professor in Pediatric Orthopaedics Inter Balkan Medical Center Thessaloniki, Greece
Spyros Manthas	MD, MSc, Orthopaedic Consultant, Department of Orthopaedics "Hygeias Melathron" TYPET's General Clinic Mutual Health Fund of National Bank of Greece Personnel (TYPET), Greece
Dimitrios Metaxiotis	Consultant Orthopaedic Surgeon, 2nd Orthopaedic Department, Papageorgiou Hospital, Thessaloniki, Greece

Naousa's General Hospital ERIA Centre

Faculty

Leon Oikonomou	MD, Orthopaedic Surgeon, 1st Orthopaedic Department of G. Gennimatas General Hospital, Athens, Greece
Ioannis Papachristos	Consultant in Trauma and Orthopaedics, Foot and Ankle Surgeon Tzaneio General Hospital of Piraeus, Greece
Stamatis Papadakis	Consultant Orthopaedic Surgeon, Head of the 2nd Orthopaedic Department KAT General Hospital, Athens, Greece
Konstantinos Papadopoulos	Orthopaedic Surgeon, Kozani, Siatista Kozanis Greece
Euthimios Papamichail	Consultant Orthopaedic Surgeon, Naousa's General Hospital, Central Macedonia, Greece
Athanasios Papanikolaou	Consultant Orthopaedic Surgeon, Head of the Red Cross Hospital, Athens, Greece
Odysseas Papazachariadis	MD, PhD, Consultant in Anaesthesiology And Pain Therapy, Naousa's General Hospital, Central Macedonia, Greece
Iordanis Petrakis	Foot and Ankle Orthopaedic Consultant, Papageorgiou General Hospital, Thessaloniki, Greece
Nikolaos Patsiogiannis	MD, Trauma and Orthopaedics Consultant, 1st Orthopaedic Department, General Hospital of Athens "G. Gennimatas", Greece
Apostolos Polyzos	MD, PhDc, Orthopaedic Surgeon, Athens, Greece
Stavros Ristanis	MD, PhD, Orthopaedic Surgeon, Metropolitan Hospital, Athens, Lecturer of Orthopaedics Medical School European University of Cyprus, Head of Medical Unit, PAS Giannina FC
Meletis Rozis	MD, MSc, Orthopaedic Surgeon, 3rd Department of Orthopaedics KAT Hospital, University of Athens, Greece



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Faculty

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Matthaios Savvidis	MD, PhD, FIOTA, Orth. & Trauma Surgeon Dpt. Director 2nd Orth. Unit, 424 Gen. Military Hospital, Thessaloniki President of Orthopaedic Trauma Sector of HAOST General Secretary Hellenic Association of Arthroscopy, Küntscher Society Board Member, Greece
Ioannis Spanos	MSc, Orthopaedic Surgeon, St Luke's Hospital, Thessaloniki, Greece
Emmanouel Stamatis	MD, PhD, FACS, Trauma & Foot and Ankle Orthopaedic Consultant Mediterraneo Hospital Athens, Greece
Panos Symeonidis	Orthopaedic Surgeon, St Luke's Hospital, Thessaloniki, Osteon Clinic, Athens
Rizos N. Tsaknis	MD, Orthopaedic Consultant, Director of Orthopaedic, Department Karpenissi General Hospital, Member of Hellenic Foot & Ankle Society, Greece
Ilias Tseronis	MD, Consultant of Orthopaedics and Traumatology, Orthopaedics Department General Hospital of Trikala, Greece
Nektarios Tsiamis	Consultant Orthopaedic Surgeon, Naousa's General Hospital, Central Macedonia, Greece
Ioannis Vasiadis	Consultant Orthopaedic Surgeon, Naousa's General Hospital, Central Macedonia, Greece
Christos Vassos	Sports Medicine Specialist, Athens, Greece

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