



25 - 28
January
2024

NAOUSA FOOT AND ANKLE SURGERY - from NADA to PRADA

Organized by Scientific Support by Under the auspice of



ORTHOPAEDIC DEPARTMENT
NAOUSA'S GENERAL HOSPITAL



HAOST



OTEMAO



[LIMITED POSITIONS]

2 DAYS live Surgery

PROGRAM

2 DAYS Workshop in Sawbones

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Welcome Note

Dear colleagues,

Naousa's Orthopaedic Department proudly invite you to the "Naousa - Foot and Ankle Surgery – From Nada to Prada" meeting.

The meeting will be held from the 26th until the 28th of January 2024 at Naousa's "ERIA Centre".

This meeting is under the auspice of OTEMAΘ and scientifically supported by the members of the Hellenic Association of Orthopaedic Surgery and Traumatology. It is a unique event for the members of the Hellenic Foot & Ankle Society, Section HAOST.

Distinguished European Foot and Ankle Society members have also been invited as speakers.

This meeting is designed to provide a thorough knowledge update on the Foot and Ankle problems, analysing topics such as ankle arthroscopy, F&A fractures, and congenital and acquired deformities of the foot.

An expert faculty member will embark on a special session for total ankle replacement.

On the pre-meeting day (Thursday the 25th) and the first day of the meeting (Friday the 26th), esteemed faculty will share their experience with junior doctors on current Foot and Ankle problems, diagnosis, and treatment through a combination of lectures and live surgery at Naousa's General Hospital.

A lesson for ultrasound F&A blocks and hands-on sawbones will also happen.


We look forward to your warm participation and are confident you will join this meeting.

Looking forward to seeing you,

Best regards,

Alexandros Eleftheropoulos MD

Foot and Ankle Orthopaedic Consultant
Head of Orthopaedic Department
Naousa's General Hospital
Central Macedonia, Greece



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Naousa's General Hospital
ERIA Centre

Organising committee

A. Eleftheropoulos
P. Enfientzoglou
N. Tsiamis
E. Papamichail
M. Kotsapas
A. Gantsos
N. Goutsiou
G. Anagnostou
I. Vassiadis
K. Gkoumousian

I. Petrakis
D. Giannekas
Z. Zacharopoulos
A. Polyzos
A. Kyrkos
C. Koukos
M. Papadakis
P. Papanikolaou
D. Kona
E. Piperia

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Thursday, 25 January 2024

Course only for trainees
Naousa's General Hospital

07:30 – 08:00

Welcome coffee

08:00 – 14:30

LIVE Surgery – LIVE Ultrasound Blocks

Instructors:

O. Papazachariadis, D. Hatziemmanuil, I. Vasiadis,
C. Vassos, A. Eleftheropoulos

- Revision Total Ankle Replacement
- MIS reconstruction of Forefoot
- Distal Tibia Osteotomy
- Kelly and Keck Osteotomy

14:30 – 15:00

Lunch break

15:00 – 16:30

Hands-on Sawbones – EX FIX – Tibia Ankle Foot
(Powered by Osteocell and Orthopaedics for Dummies)

Hands-on Sawbones – Foot and Ankle osteotomies
(powered by C. Papaellinas – Arthrex and
Orthopaedics for Dummies)

Instructors:

L. Ikonomidou, I. Petrakis, I. Vasiadis, C. Vassos,
I. Kotsalis, N. Patsiogiannis, A. Eleftheropoulos



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Naousa's General Hospital
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Scientific Program

Friday, 26 January 2024

Course only for trainees
Naousa's General Hospital

07:30 – 08:00

Welcome coffee

08:00 – 14:30

LIVE Surgery – LIVE Ultrasound Blocks

Instructors:

O. Papazachariadis, D. Hatziemmanuil, C. Vassos,
A. Eleftheropoulos

- Scarf
- MTP Fusion
- FHL Transfer
- TTC Fusion

14:30 – 15:00

Lunch break

15:00 – 16:30

Hands-on Sawbones - MTP Fusion - Lapidus procedure
(Powered by DMPS Ltd & Orthopaedics for Dummies)

Instructors:

I. Giannaros, I. Petrakis, C. Vassos, I. Kotsalis,
D. Hatziemmanuil, A. Eleftheropoulos

16:30 – 17:00

Coffee Break

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Friday, 26 January 2024

ERIA Centre

17:30 – 18:15

Technique Lectures

Moderators: D. Hatziemmanuil, C. Vassos

MIS forefoot reconstruction

Ir. Giannaros

Lapidus procedure

I. Spanos

SCARF osteotomy

S. Ristanis

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Saturday, 27 January 2024

ERIA Centre

09:00 – 09:15

Welcome Coffee

09:15 – 10:00

Opening Ceremony

“The Spectrum of foot dysplasia, from oligodactyly to polydactyly”

N. Laliotis

10:00 – 11:15

Ankle Fractures and beyond

Moderators: A. Gantsos, K. Kabbani

Introduction

A. Papanikolaou

Spam – Scan and Plan

L. Oikonomou (A. Eleftheropoulos)

“Front Door or Back Door”. Which path to follow

N. Patsiogiannis

Pilon Fractures. My way of treatment

St. Papadakis

Tell me what to do. Interesting Cases for discussion

R. Tsaknis

Discussion

11:15 – 11:30

Coffee Break

11:30 – 12:00

Special Techniques for Special Cases

Moderator: K. Chitas, I. Giannoulis

Distal Tibial Fractures.

How far can I reach with my nail

M. Savvidis

TTC Fusion. All or nothing

I. Vasiadis

Discussion

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12:00 – 13:00

Calcaneal and Talar fractures and lesions

Moderators: Z. Zacharopoulos, I. Tseronis

Introduction

Ch. Kalitsis

Extended open technique. Fix it all, fix it right

Ch. Konstantoulakis

MIS. The Sinus Tarsi approach.

Make it simple, make it elegant

I. Papachristos

Examine the panel. Interesting cases

P. Symeonidis

Discussion

13:00 – 13:15

Coffee Break

13:15 – 14:15

Foot and Ankle problems in kids

Moderators: N. Tsiamis, Ch. Konstantoulakis

Ankle fractures in kids

M. Kyrkos

Juvenile Hallux Valgus

A. Christou

Club Foot Deformity. My way of treatment

Z. Dailiana

Complex Club Foot Cases: think outside the box

D. Metaxiotis

Discussion

14:15 – 14:45

Lunch Break



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14:45 – 16:15

Hind Foot Deformities – Arthritis

Moderators: S. Dimitriadis, D. Giannekas

Introduction

K. Gkoumousian

Why ankle arthrodesis is my favourite procedure

N. Gougoulis

TAR – When is YES and when is NO for me

D. Georgianos

Double or Triple? Which is the right path

E. Iliopoulos

Acquired Flat Foot Deformity from stage II to stage IV

I. Giannakopoulos

Lateral wall lengthening. The technique

S. Manthas

Discussion

16:15 – 16:30

Coffee Break

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Saturday, 27 January 2024

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16:30 – 17:45

Achilles Tendon

Moderators: P. Kontovazenitis, E. Papamichail

Introduction

A. Polyzos

Acute rupture. Make it open, make it right

K. Kateros

Acute rupture. I love MIS

A. Konstantinidis

Neglected ruptures. What are the options

C. Dinopoulos

Keck and Kelly osteotomy.

Indications – Surgical Technique

M. Rozis

Discussion

20:00

Gala Dinner at ERIA

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Naousa's General Hospital
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Scientific Program

Sunday, 28 January 2024

ERIA Centre

09:15 – 09:30

Good morning Coffee

09:30 – 10:30

Forefoot Reconstruction

Moderators: A. Eleftheropoulos, D. Hatziemmanuil

Seven sins that you need to avoid in forefoot reconstruction

E. Stamatis

Examine the panel. Interesting Cases

presented by juniors

Discussion

10:30 – 11:00

Coffee Break

11:00 – 12:00

Ankle Instability and its Consequences

Moderators: P. Kontovazenitis, S. Georgopoulos

OCL of the talus. Is this the beginning of the END?

V. Chouliaras

Lateral Ankle Instability. This is my way of treatment

E. Evangelou

Medial, rotational and micro instability.

Is it a myth or a fact

I. Petrakis

12:00

Closing Remarks

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Faculty

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Faculty

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